

Concurrent Session 5: Peers' Role in Prevention: Discussion and Open Forum

Moderator: Tyrina Taylor, Altarum

- We Heart You: Catalysts of Change
 - Speakers: Jennifer Skolaski and Trevor Fenrich, Winnebago County, Wisconsin



Tyrina Taylor, MPH

- Behavioral Health Technical Assistance Specialist in Altarum's Community Health practice area
- 12 years of experience in public health including health promotions, leading community-based partnerships to decrease drug overdoses with special emphasis on harm reduction among intravenous drug users
- Expertise in sexual and reproductive health, managing the implementation of public health programs to improve awareness, education, prevention, and screening to reduce health disparities for high-risk ethnic communities disproportionately impacted by HIV, syphilis, and hepatitis C

Education

Master of Public Health, Mercer University, Atlanta, GA, 2014

Bachelor of Arts, Sociology, Valdosta State University, Valdosta, GA, 2011

Altarum



Training and Technical Assistance

TTA may include (but is not limited to):

- Facilitating peer-to-peer learning opportunities in which communities can learn from experienced programs through virtual consultations and on-site visits
- Providing speakers for conferences and workshops or skilled subject-matter experts for training events to educate stakeholders and build capacity
- Facilitating strategic and cross-system planning to identify community resources, establish priorities, and develop a road map to achieving goals
- Identifying materials such as policies and procedures, guidelines, and data sharing agreements that support program activities

Peer Recovery Support Services Mentoring Initiative (PRSSMI)

- **Promote peer-to-peer learning** among organizations that are implementing PRSS in criminal justice settings
- **Disseminate evidence-supported PRSS** programming, promising approaches, and best practices
- **Enhance the capacity to develop PRSS** as a component of organizations' diversion, alternatives to incarceration, or other criminal justice-focused programs
- **Improve ability to successfully implement a PRSS program**, in collaboration with community partners
- **Engage a consistent team** of three to five individuals
- **Participate in virtual meetings and learning sessions** throughout the mentorship (approximately once per month)
- **Have at least two team members participate in site visits** to the assigned mentor sites
- **Develop a brief workplan** for program development based on lessons learned from the mentorship
- **Complete a survey questionnaire** at the end of the mentorship



Site Information

County: **Butler**

City, state: **Hamilton, Ohio**

Year started: **2020**

Estimated number of overdose deaths per year: **166**

Size of jurisdiction: **~390,000**

Funding sources: **State and local funding**

Peers' Role in Prevention



Naloxone-related interventions

- Administration, education, and training
- Empowerment and reduction in risk
- Reach and integration in the community



Safer environments for drug use

- Connectivity mitigation of barriers and risk
- Constraints
- Safety, comfort, trust



Overdose prevention education

- Peers providing actionable knowledge and skills
- Offering alternatives to reduce drug dependency



Social networks and support interventions

- Increased engagement with services through referrals
- Reciprocity

Thank you!

Questions/Feedback?

Please contact Tyrina Taylor via email
Tyrina.taylor@altarum.org





2024 National Forum on Overdose Fatality Review

WE  YOU

Catalysts of Change



Site Information

- County: Winnebago
- City, State: Oshkosh, Wisconsin
- Year started: 2018
- Size of jurisdiction: 171,623
- Funding sources: Overdose Data to Action (OD2A), COSSUP



Winnebago County Overdose Fatality Review (OFR) Team

Addiction Medical Solutions of Wisconsin (AMS) Fox Crossing Police Department

Apricity

Fox Valley PRISM Team/Unity Recovery Services

ThedaCare Behavioral Health

Ascension

University of Wisconsin Oshkosh Police Department

Aurora Medical Center of Oshkosh

Gold Cross Ambulance Service

Village of Winneconne Police Department

Breakwater

Gloria Dei Lutheran Church

Winnebago County Coroner's Office

City of Appleton Health Department

Lake Winnebago Area Metropolitan Enforcement Group

Winnebago County Health Department

City of Menasha Health Department

Neenah Police Department

Winnebago County Human Services Department – Behavioral Health

City of Menasha Police Department

Northeast Wisconsin Mental Health Connection

Winnebago County Human Services Department – Child Welfare

City of Oshkosh Fire Department/Emergency Medical Services

Nova Counseling Services

Winnebago County Office of the District Attorney

City of Oshkosh Police Department

Omro Police Department

Community Church
Department of Justice

Oshkosh Area School District

Winnebago County Sheriff's Office

Day by Day Warming Shelter

Shaffer Counseling & Consulting

Winnebago County Sheriff's Office – Jail

Solutions Recovery, Inc.

Wisconsin Department of Corrections

ThedaCare

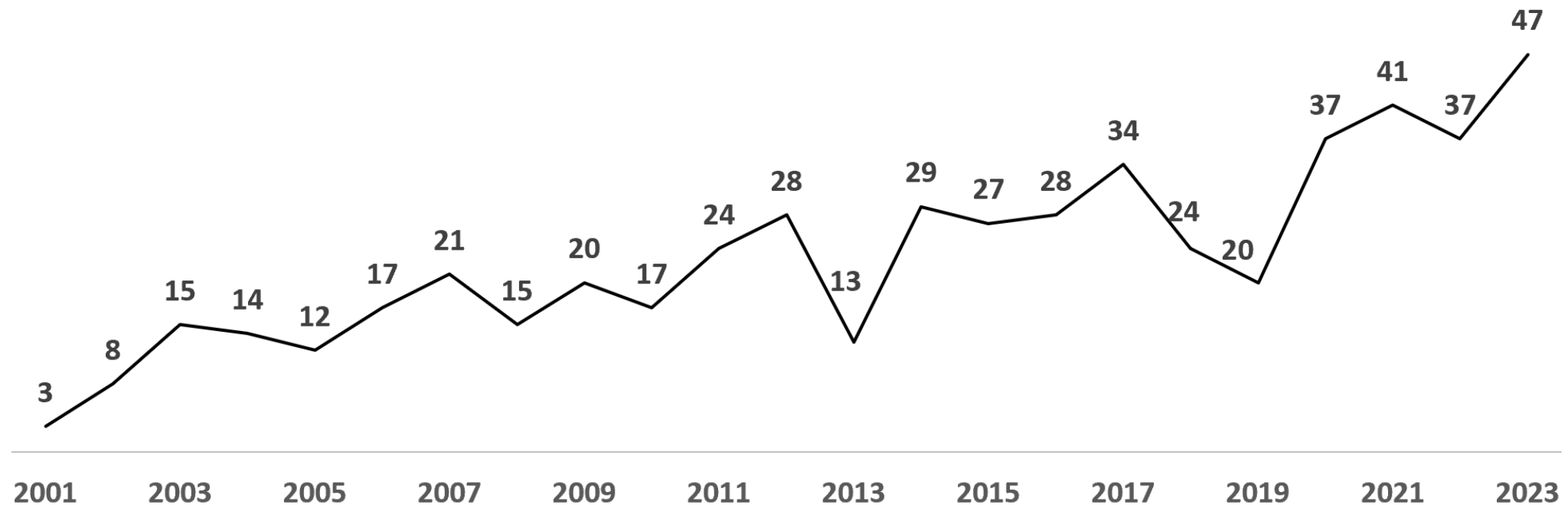


Site Information



- Estimated number of overdose deaths per year

In 2023, there were 47 overdose deaths in Winnebago County, which exceeds the number of overdose deaths we have seen in any previous year.





OFR Partners
47 partners
36 agencies

OFR Steering Team
acts as a sounding board
and gives input on budget
and grant requirements

**OFR Recommendations
& Monitoring Team**
helps evaluate and drive
recommendations

OFR Support Staff
Jennifer Skolaski, Ashlee Rahmlow,
Sarahjean Schluectermann,
Maddie Breager, Sara
Bassing-Sutton

Priorities
Determined by OFR team
based on data and themes
identified from case reviews

OFR Recommendations, Subcommittees, and Pilots

Child Trauma

- CPS intervention
- Handle with Care
- DEC

Mental Health

- Dual Diagnosis Certification
- Integrated MH and SU system
- Project Zero

Referral to Care/Services

- Faith Referral Guide
- LEAAP
- Connect
- Peer Response Team
- Family/Friend Resources
- We Heart You Card
- Resources after a death of despair
- We Heart You App

Prevention & Harm Reduction

- Narcan Training
- Co-prescribing Narcan
- PDMP
- Overdose Spike Alert
- MOUD in Jail
- Training and Narcan kits (WCHD, UWO, OFD EMS)
- Drug Trends and Meth Training
- Econo Lodge Pilot

Recovery Support

- Sounding Board
- Substance Free Culture
- Use of peer recovery coaches
- Social Detox/Respite

Communication & Engagement

- OFR Logo
- Annual Report
- Community, State and National Presentations
- Community Presentation
- Partner Support & TA
- OFR Mentoring
- Peer support, MH, SU training
- LE Training: Trauma Informed Care

Social Connectedness

- We Heart You Event
- We Heart Recovery PSA
- Weheartyou.org

Priorities for 2022-2023

Access to Treatment	Support from Medical Partners	Improve Response to Drug Trends	Prevent Early Substance Use
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Timeline of OFR Recommendations and Pilots

- **3/6/2019:** Create a regional (cross-county) response team to work with those identified as at risk for overdose, similar to a crisis intervention team
- **3/6/2019:** Explore the feasibility of police and fire departments mapping all drug overdoses and interactions to provide intervention for help and improve access to services and referrals
- **2/3/2021: Pilot a data-driven proactive rapid response team in Winnebago County that aims to prevent overdose deaths**
- **5/5/2021:** Identify strategies to reduce overdoses that occur shortly after release from incarceration
- **5/4/2022:** Increase use of and access to peer recovery coaches for persons who are at high risk of overdose deaths through coordination of services and cross-system approaches (emergency medical services (EMS)/emergency department, law enforcement, post-release from jail, friend/family after OD death)
- **June 2019 – January 2021:** Overdose Detection Mapping Application Program Pilot (ODMAP)
- **May–August 2021:** Contracted with outside consultant to create rapid response team
- **9/6/2022:** When the Solutions Peer Response Team pilot started



Why a Rapid Response Model?

OFR partners outlined the initial reasons for exploring a rapid response initiative:


- Engage participant **after overdose** as rapidly as possible with a trained team of professionals
- Offer the participant support, **naloxone, harm reduction products, and education**
- Connect participant to resources through **recovery coaches** and **community partnerships**
- Offer the **family support**, awareness of services, education, and referral to support services for family/friends of people who use drugs
- Assist in applying for Medicaid and **remove barriers to treatment**



Community Conversations – Summer 2021

- People in recovery wanted to feel valued and heard
- Bridge the recovery community with the broader community
- Educate people that addiction is a disease
- Reduce stigma/shame
- **People in recovery find the strongest connection within the recovery community**


https://www.co.winnebago.wi.us/sites/default/files/uploaded-files/connection_belonging_recovery_report_wchd_final.pdf



CONNECTION & BELONGING:
VOICES OF PEOPLE IN RECOVERY

"I found out, through many years of recovery, that the more that I stay connected to people, stay social, and the less isolated I am, the better the chances of me staying sober. It is very significant in my personal recovery."

-Listening Session Participant



Public Health
Winnebago County
Health Department



Stakeholder Conversations – Fall 2021

How to make a rapid response program successful in our community?

- A common theme in responses was to respect and empower those existing programs and organizations and those that are finding success; e.g., Emergency Department 2 Recovery Program (ED2R), Menasha Community Addiction Assistance Program (MCAAP), Solutions. This initiative must have the recovery community as its core. As one group of respondents said:
 - **“Don't take what the recovery community system does well away from the recovery community.”**



Solutions Peer Response Team (SPRT)



A Little Bit About Solutions



- »» Staff members are all in recovery
- »» Daily support group meetings
- »» Men's and women's sober living
- »» Some clinical services
- »» Childcare
- »» Safe haven for individuals
- »» Community atmosphere
- »» Peer Response Team housed at

Solutions Recovery



621 Evans St
Oshkosh, WI 54901



920-233-0888

Peer-driven Work



Peer: "One that is of equal standing with another"

ADDICTION is
giving up EVERYTHING
for ONE THING.
RECOVERY is
giving up ONE THING-
for EVERYTHING.



IS PEER RECOVERY COACHING EFFECTIVE?

People who have worked with peer recovery coaches provide strong testimonies of the positive impacts of peer recovery support on their own recovery journeys. The research supports these experiences. While the body of research

is still growing, there is mounting evidence that people receiving peer recovery coaching show reductions in substance use, improvements on a range of recovery outcomes, or both. Two rigorous systematic reviews examined the body

of published research on the effectiveness of peer-delivered recovery supports published between 1995 and 2014. Both concluded that there is a positive impact on participants (Bassuk, Hanson, Greene, Richard, & Laudet, 2016; Reif et al., 2014).

Two rigorous systematic reviews examined the body of published research on the effectiveness of peer-delivered recovery supports published between 1995 and 2014. Both concluded that there is a positive impact on participants (Bassuk, Hanson, Greene, Richard & Laudet, 2016; Reif et al., 2014) ...Taken as a whole, the current body of research suggests that people receiving peer recovery support may experience:



Improved relationship with treatment providers
(Sanders et al., 1998; Andreas et al., 2010)



Increased treatment retention
(Mangrum, 2008; Deering et al., 2011; Tracy et al., 2011)



Increased satisfaction with the overall treatment experience
(Armitage et al., 2010)



Improved access to social supports
(O'Connell, ND; Boisvert et al., 2008; Andreas et al., 2010)



Decreased emergency service utilization
(Kamon & Turner, 2013)



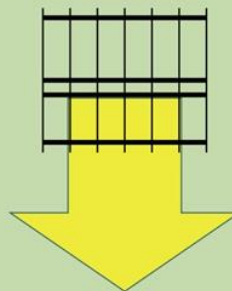
Reduced re-hospitalization rates
(Min et al., 2007)



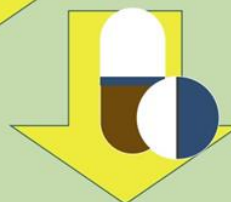
Reduced substance use
(Bernstein, et al., 2005; Boyd et al., 2005; Kamon & Turner, 2013; Mangrum, 2008; O'Connell, ND; Rowe, et al., 2007; Armitage et al., 2010)



Greater housing stability
(Ja et al., 2009)



Decreased criminal justice involvement
(Rowe, et al., 2007; Mangrum, 2008)



Reduced relapse rates
(Boisvert et al., 2008)

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O'Connell, M. J., Flanagan, E. H., Delphin-Rittmon, M. E., & Davidson, L. (2017). Enhancing outcomes for persons with co-occurring disorders through skills training and peer recovery support. *Journal of Mental Health*, Epub ahead of print. Retrieved from <http://dx.doi.org/10.1080/09638237.2017.1294733>

Rowe, M., Bellamy, C., Baranoski, M., Wieland, M., O'Connell, M. J., Benedict, P., . . . Sells, D. (2007). A peer-support, group intervention to reduce substance use and criminality among persons with severe mental illness. *Psychiatric Services*, 58(7), 955-961.

Peer Response Team



»» 15 trained recovery coaches

»» All have lived experience with addiction/recovery

Community Partners



Oshkosh Fire Department/EMS
Day-by-Day Warming Shelter
Father Carrs
Winnebago County Human Services &
Crisis
Probation & Parole
Nova Counseling Services
Oshkosh Police Department



Winnebago County Sheriff's Office

- 355-bed Facility
- 6 Housing Units (3 Direct Supervision and 3 Indirect Supervision)
- 72 Sworn Deputies
- 20 Civilian Staff Members
- Average Daily Population = 220 People in the Jail
- Substance use disorder counseling, AA, NA, GED, Post-release Life Skills, Religious Programming



Why the Jail?



- »» Meeting individuals at a time of immense vulnerability

- »» "Window of opportunity"

- »» Two components need to simultaneously happen in order for someone to enter recovery
 1. Person must be willing and ready for a change
 2. Person is met with the resource at that exact time

These opportunities happen in jail frequently!

What Coaches Are Doing



SOLUTIONS RECOVERY

SUPPORT • GROWTH • ACTION

- »» Meet inmates up to 2x per week
- »» Addiction education
- »» Work with denial
- »» Develop recovery goals
- »» Resource navigation
- »» Release planning
- »» Harm reduction encouragement (Vivitrol and Narcan)
- »» Delayed releases
- »» Transport to recovery-related locations
- »» Soft handoff to a thriving recovery community
- »» Provide follow-up care

24/7 HELP



SOLUTIONS RECOVERY
SUPPORT • GROWTH • ACTION

Our entire team are people in recovery from substance use.

We get it. We've been there.

THIS RESOURCE IS FOR YOU IF YOU...

- ✓ Struggle with drugs and/or alcohol
- ✓ Want to talk with someone while incarcerated
- ✓ Want help with starting your recovery journey
- ✓ Want support with your recovery goals
- ✓ Are in need of resources/support upon release
- ✓ Help you get to treatment or sober housing

A person in recovery can meet with you up to 2x per week

24/7 PEER RESPONSE HOTLINE

 **866-465-0010**

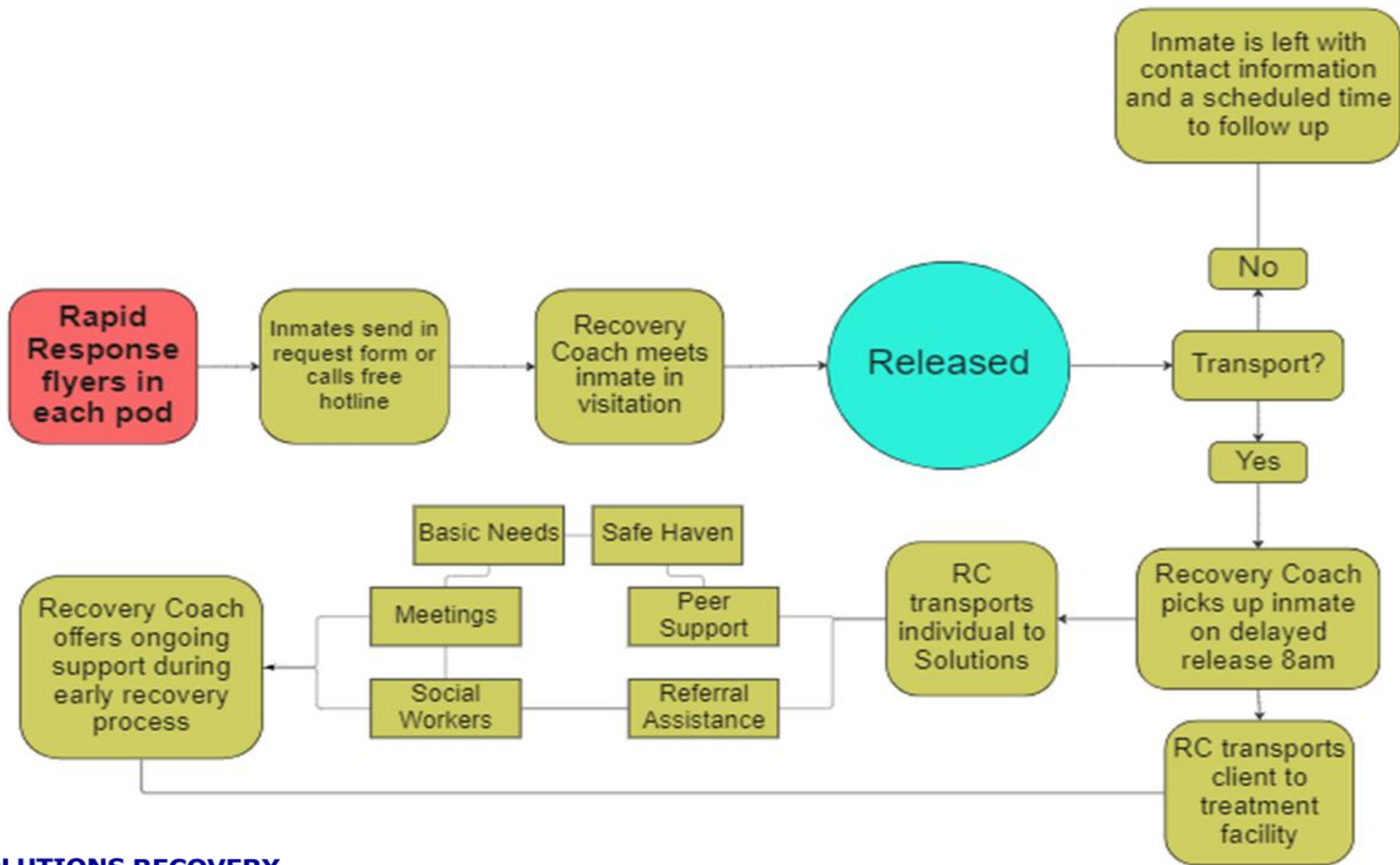
Hotline number is **free** of charge. Call for recovery support Anytime.

To be seen in person:

Fill out request form to
SOLUTIONS
or...

Call hotline number to schedule

**Inmates in maximum security cannot be seen in person. You may call the hotline for recovery support until you are out of maximum security.



SPRT Data (9/6/2022 – 9/6/2023)

- Total # of individuals served: **907**
- Total # of contacts: **4,623**
- Contact type breakdown:

Jail (in-person)	Jail Call	Hotline	Solutions	Crisis Center	Tx Centers	Shelters	P&P	OPD	OFD	Transport s	Other
1,993	375	851	230	37	38	58	46	8	6	839	142



SOLUTIONS RECOVERY
SUPPORT • GROWTH • ACTION

Solutions Peer Response Team (SPRT) Data: Winnebago County Jail (9/6/22 – 9/6/23)

- # of individuals served: 403
- Charge type:
 1. Probation Hold/Sanction (193)
 2. Drug Possession (116)
 3. Revocation (31)
 4. Drug Delivery (7)
 5. Theft (16)
 6. OWI (26)
 7. Violent (28)
- Direct connection to resource upon release: Total = 64 individuals
 1. Sober Living: 35
 2. Residential Tx: 24
 3. Emergency Shelter: 5
 - Still in services (in recovery): 29

SPRT in the Jail



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SUPPORT • GROWTH • ACTION

What It Took to Make This Work

- Flexibility and Understanding
- Policy and Procedure
- Training



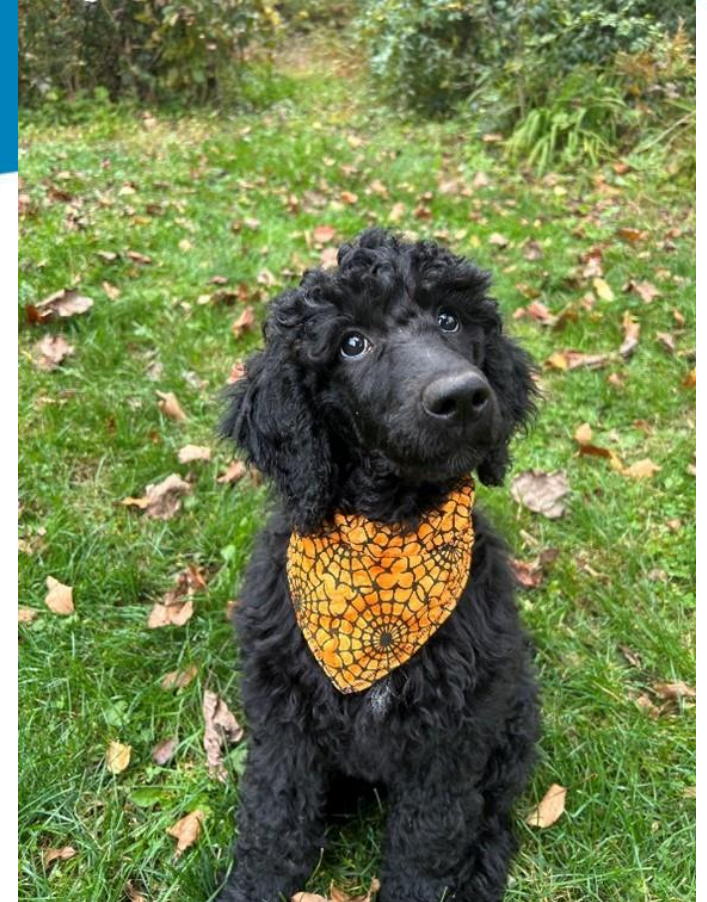
SPRT Expanded – The STAR Program

- Sobriety Treatment Assisted Recovery (STAR)
- <https://spectrumnews1.com/wi/green-bay/news/2024/01/30/winnebago-county-s-star-recovery-program-seeing-positive-results#>



The STAR Program

- Recovery Pod – March 1, 2024
 - Located in the Winnebago County Jail Direct Supervision Open Dormitory
 - 3.5 Recovery Coach positions and 1 Coordinator
 - One Deputy per Shift (12 + 1 Supervisor)
 - Therapy Dog
 - Access to more amenities, including coffee maker, microwave, extra visitation, softer and quieter living space, and creative activities



Lessons Learned



SOLUTIONS RECOVERY
SUPPORT • GROWTH • ACTION

Lessons Learned

- Importance of lived experience
- Connecting with people at their most vulnerable or at their window of opportunity
- Leveraging OFR partnerships
- Learning to pivot





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trevor@solutionsrecovery.org

Jennifer Skolaski

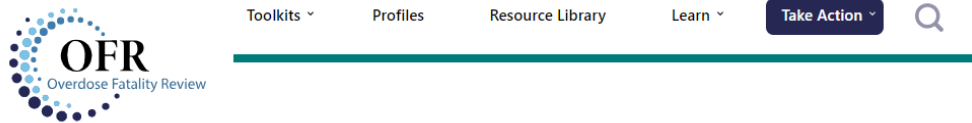
jskolaski@winnebagocountywi.gov

Additional Support Available!



OFR Email Exchange

- Great way to network with your peers!



OFR Message Exchange Sign-Up

The OFR message exchange is a platform for those involved in Overdose Fatality Reviews to engage with one another. Enrollment in this message exchange is by permission only, and the [terms of use](#) apply.

The fields marked with the * are required.

First Name*

Last Name*



Training and Technical Assistance (TTA) Request

- Expertise is available to support your OFR efforts
- We are here to help you troubleshoot day-to-day challenges as they arise



Training and Technical Assistance Request

Regardless of funding source, anyone can request OFR training and technical assistance. Expertise is available to support the expansion and development of overdose fatality review (teams) through a variety of formats, including but not limited to:

- Host one-on-one calls to troubleshoot day-to-day challenges
- Identify available resources and materials
- Connect TTA requestor to peers in the field
- Present to team or meeting attendees
- Convene professionals to address a need
- Facilitate virtual meetings and workshops



OFR Mentor Site Opportunities



- The purpose of the Overdose Fatality Review (OFR) Mentor Program is to elevate, communicate, and leverage OFR promising practices while building bridges between nascent teams and those with demonstrated success. The OFR Mentor Program provides a unique opportunity to learn the application and practice of OFR from experienced peers
- Interested sites can apply here

A flyer titled "Overdose Fatality Review Peer Mentor Site Opportunities". The flyer includes a description of the program's purpose, a list of activities in a typical OFR mentee experience, and a call to action to request a virtual site visit. It also features the OFR logo and the BJA's Comprehensive Opioid, Stimulant, and Substance Abuse Program logo.

Overdose Fatality Review

Peer Mentor Site Opportunities

The purpose of the Overdose Fatality Review (OFR) Peer Mentor Program is to elevate, communicate, and leverage OFR best promising practices, while building bridges between nascent teams and those with demonstrated success. The OFR Peer Mentor Program provides a unique opportunity to learn the application and practice of OFR from experienced peers.

OFR Peer Mentee Application

OFR peer mentor participants are matched to an experienced mentor site program that provides consultation and support through direct communication and a virtual* OFR site visit, to see first-hand how OFRs work in practice.

A typical OFR mentee experience will include:

- One-hour introductory call at least one week before the OFR virtual site visit
- Two-hour OFR observation
- One-hour post review discussion call at least one week after the OFR virtual site visit
- Facilitated discussions with one or two OFR members as requested by peer mentee
- Feedback to IIR by both mentor and mentee about their experience

(*Note: In-person virtual site visits are on hold during the COVID-19 response.)

Request a virtual site visit by completing this online form. (http://s.ilr.com/OFRSite_Visit)

OFR
Overdose Fatality Review

BJA's
Comprehensive
Opioid, Stimulant,
and Substance Abuse
Program

Questions?